



# 5<sup>th</sup> Symposium Shoulder & Elbow Surgery Section H.A.O.S.T.

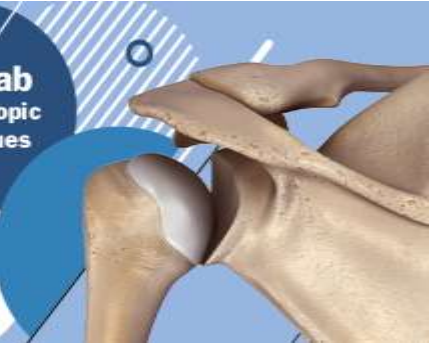
5-6 April 2019

Amphitheater "Pavlos Konialidis", H.A.O.S.T. Athens, Greece



Dry Lab  
Arthroscopic  
Techniques

Invited Speakers  
Alessandro **Castagna**  
Ralph **Hertel**  
Philippe **Valenti**



## Welcome Address

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The Shoulder & Elbow Surgery Section of the Hellenic Association of Orthopaedic Surgery and Traumatology (HAOST) organizes the *5<sup>th</sup>-Shoulder Symposium* on 5 and 6 April 2019, which will take place at the "P. Konialidis" Amphitheater of the HAOST, in Athens, Greece. The symposium will focus on "hot" topics on Rotator Cuff Tears, Anterior Instability and Arthroplasty on glenohumeral arthrosis. International and Greek experts, will present current concepts on various topics, discuss on difficult cases and participate on debates. It will be a great opportunity for all the experienced orthopaedics to share knowledge and innovation, while the younger shoulder surgeons may attend a high-level symposium. A dry lab workshop will take place on 5 April at the premises of the HAOST, focused on shoulder arthroscopic techniques.

Emmanouil Fandridis  
President of the Executive committee of the  
Shoulder & Elbow Surgery Section, HAOST



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## Scientific Program Friday 5 April 2019

### Dry lab workshops

08:30 – 11:00	Basics on shoulder arthroscopy Moderator: O. Savvidou
08:30 – 08:40	Positioning of the patient. Beach or lateral decubitus <b>D. Varvitsiotis</b>
08:40 – 08:50	Portals on shoulder arthroscopy <b>I. Chiotis</b>
08:50 – 09:00	Shoulder arthroscopic anatomy and variants <b>A. Kyriakos</b>
09:00 – 09:10	Anterior labrum repair with anchors. How I do it <b>I. Ntisios</b>
09:10 – 11:00	Workshops on arthroscopic stations <b>All instructors</b>
11:00 – 11:30	Coffee Break
12:00 – 14:00	Rotator cuff tears (RCT) Moderator: N. Roidis
12:00 – 12:10	Imaging and arthroscopic classification of RCT <b>I. Galanopoulos</b>
12:10 – 12:20	Repair of anterosuperior RCT <b>F. Giannoulis</b>
12:20 – 12:30	Single or double row repair <b>I. Mataragkas</b>
12:30 – 14:00	Workshops on arthroscopic stations <b>All instructors</b>



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## Scientific Program Friday 5 April 2019

### Sessions

15:00 – 17:15

Rotator Cuff Tears (RCT)

RCT – Part I

Moderators: D. Alexakis, D. Tsoukas

Natural history of RCT: What should your patient know?

**K. Ditsios**

Clinical sign to assess rotator cuff function. Which work?

**A. Panagopoulos**

Anatomy of RCT and imaging

**A. Plagou**

Discussion

RCT – Part II

Moderators: A. Tokis, G. Tsikouris

Subscapularis tears: Classification and treatment

**D. Kostopoulos**

Transmural RCT: What type of fixation and how to avoid complications

**C. Sinopidis**

Partial thickness RCT: Debridement, repair with or without takedown

**A. Castagna**

Management of the long head of biceps when repairing the RCT

**I. Gliatis**

Discussion

17:15 – 17:30

Coffee Break

17:30 – 18:00

Welcome Address

Shoulder & Elbow Surgery Section. The section's history

**D. Varvitsiotis**



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18:00 – 19:30

Massive RCT

Moderators: A. Castagna, E. Brilakis

Partial repair  
**D. Alexakis**

Superior capsular reconstruction  
**C. K. Yiannakopoulos**

Subacromial balloon  
**E. Antonogiannakis**

Tendon transfer for posterosuperior cuff  
**P. Valenti**

Tendon transfer for anterior cuff  
**E. Fandridis**

Arthroplasty  
**J. S. Maris**

Discussion

19:30 – 20:15

Interactive Case Discussion: RCT

Moderator: **E. Fandridis**

Panel: A. Castagna, R. Hertel, P. Valenti, E. Antonogiannakis, C. K. Yiannakopoulos



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## Scientific Program Saturday 6 April 2019

### Sessions

09:00 – 10:15 **Anterior Traumatic Instability**  
Moderators: R. Hertel, A. Georgoulis

Clinical examination of anterior instability. What I look for?  
**C. Chrysanthou**

Pathoanatomy and which imaging modality should I use?  
**A. Karantanas**

Assessment of the glenoid and humeral defects  
**F. Zampeli**

First time dislocators. How do I treat them?  
**I. K. Triantafyllopoulos**

Discussion

10:15 – 10:45 **Coffee Break**

10:45 – 12:15 **Anterior Post-traumatic Instability-Surgical Treatment**  
Moderators: P. Valenti, N. Piskopakis

Arthroscopic soft tissue procedures (labral repair, remplissage, capsular shift)  
**A. Castagna**

Is there still an indication for open soft tissue repair?  
**H. Georgoulis**

Bone block procedures  
**R. Hertel**

Open Latarjet  
**M. Hantes**

Arthroscopic Latarjet. How I do it?  
**P. Valenti**

Discussion



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## 12:15 – 13:15 Interactive Case Discussion: Anterior Traumatic Instability

Moderator: **A. Castagna**

Panel: R. Hertel, P. Valenti, H. Georgousis, M. Hantes, C. Sinopidis

## 13:15 – 13:45 Lunch Break

## 13:45 – 15:15 Anatomic Total Shoulder Arthroplasty

Moderators: **J. C. Feroussis, N. Gerostathopoulos**

Clinical and imaging approach of patient with glenohumeral arthrosis

**Z. Kokkalis**

Glenoid implant for anatomic total shoulder arthroplasty

**A. Castagna**

Humeral implant for anatomic total shoulder arthroplasty

**P. Papadopoulos**

Reasons for failure of anatomic total shoulder arthroplasty

**R. Hertel**

How to manage glenoid defects in anatomic total shoulder arthroplasty

**R. Hertel**

Discussion

## 15:15 – 15:30 Coffee Break

## 15:30 – 17:00 Reverse Shoulder Arthroplasty (RSA)

Moderators: **E. Chronopoulos, E. Fandridis**

Preoperative planification. Is it necessary?

**P. Valenti**

How much lateralization and inferior tilt in RSA? What do we know?

**A. Boutsiadis**

Revision of anatomic total shoulder arthroplasty to RSA

**P. Valenti**

Failed RSA. What's next?

**J. C. Feroussis**

Cuff Tear "Arthroplasty". A new approach

**P. Dimakopoulos**

Discussion





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17:00 – 18:00	Interactive Case Discussion: Reverse Shoulder Arthroplasty Moderator: R. Hertel Panel: A. Castagna, P. Valenti, J. C. Feroussis, P. Papadopoulos
18:00	Closing Remarks