

VENUES
"N. LOUROS" CONFERENCE CENTER,
MITERA HOSPITAL
LABORATORY OF ANATOMY,
MEDICAL SCHOOL, UNIVERSITY OF ATHENS

1-3 /
02 /
2018 /

2nd Athens Shoulder Course

3-Day Course with
Lectures, Cadaver Sessions, Live Surgeries
National and International Faculty

ORGANISER



3rd

ORTHOPAEDIC CLINIC
HYGEIA HOSPITAL
Program Chairman: Manos Antonogiannakis

CO-ORGANISER



SOCIETÀ ITALIANA
DI ARTROSCOPIA (SIAI)

SCIENTIFIC PROGRAM

Thursday February 1st, 2018

08:00 – 08:15

Session 1: Welcome

Chairs: Emmanouil Antonogiannakis | Enrico Gervasi

Welcome to the Athens Shoulder Course | Course Objectives
Emmanouil Antonogiannakis

Welcome Addresses

08:15 – 09:45

Session 2: Instability – General Topics

Chairs: Ioannis Chiotis | Dimitrios Kostopoulos

Arthroscopic Anatomy of the Shoulder
George Skarpas

The Role of Anaesthesiologist in the Management of the Patient Operated Shoulder
Arthroscopy
Eirini Sarri

Shoulder Instability. The Rehabilitation Program
Georgia Petta

First Traumatic Shoulder Dislocation
Anastasios Georgoulis

Posterior Instability. How to Repair
Anastasios Deligeorgis

Multidirectional Instability. When to operate and how
Dimitrios Alexakis

Discussion

09:55 – 11:35

Session 3: Instability – Arthroscopic Soft Tissue Repair

Chairs: Roman Brzowska | Panagiotis Vallianatos

The role of MRI and MRA in Glenohumeral Instability Pre and Post-Operative
Assessment
Maria Tzalonikou

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Shoulder Instability. When and How to Operate/Rehab
Simon P. Frostick

Bankart Repair. How to Do It Right
Elias Mataragas

Arthroscopic Remplissage. When and How
Emmanouil Brilakis

The Evolution of Implants (from Metal to Soft Anchors)
Georgios Arealis

From Engaging Lesions to On Track – Off Track Lesions
Giuseppe Milano

Discussion

11:35 – 11:50 Coffee Break

11:50 – 13:50

Session 4: Live Surgery

Chair: **Emmanouil Antonogiannakis** | Moderator: **Ioannis Chiotis**

11:50 **Instability – Bankart & Remplissage**

12:50 **Instability – Bone Block**

13:50 – 14:50 Lunch Break

14:50 – 16:30

Session 5: Instability with Bone Defects or Bony Procedures

Chairs: **Ettore Taverna** | **Tom Clement Ludvigsen**

Bone Defects. Radiologic Evaluation with CT
Margarita Natsika

Open Latarjet. Indications – Results – Complications
Michael Hantes

Arthroscopic Latarjet. How To Do It
Tom Clement Ludvigsen

Bone Block. How to Do It
Ettore Taverna

Bone Block. The learning curve. How We Do It
Emmanouil Antonogiannakis

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Arthroscopic Subscapularis Augmentation (ASA) technique. What to Expect and How to Do It

Marco Maiotti

Discussion

16:30 – 18:15

Session 6: Shoulder Problems in Athletes

Chairs: **Pantelis K. Nikolaou** | **Nikolaos Piskopakis**

Shoulder MRI & MRA in Athletes. Myths & Reality. Example Cases

Dimitrios Kechagias

Shoulder Pain in Overhead Athletes. Conservative Management. The Role of the Scapula

Berte Bøe

Shoulder Pain in Overhead Athletes. When and How to Operate

Ladislav Kovacic

Impingement Syndromes

Emmanouil Fandridis

PASTA Repair. In Situ Repair or Competing the Tear

Antonio Cartucho

Suprascapular Nerve Pathology in Overhead Athletes

Antoon Van Raebroeckx

When the AC Joint is the Problem in Overhead Athletes

Roman Brzôska

Discussion

Friday February 2nd, 2018

08:00 – 09:30

Session 7: Rotator Cuff – General Topics

Chairs: **Anastasios Georgoulis** | **Vasileios Vrangalas**

Functional Anatomy of the RC. How We Raise the Arm

Eliyahu Adar

Shoulder Function of the Impaired Rotator Cuff. The Compensation Mechanism

Eliyahu Adar

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Patient Personality and Pain Management
Christina Isaia

Management of the Stiff Shoulder. Current Concepts
Pascal Gleyze

The Role of Physiotherapist in RC Tears. Conservative and Post-Operative
Management
Michael Seferiadis

Discussion

09:30 – 11:00

Session 8: Repairable Rotator Cuff

Chairs: **Pericles Papadopoulos | Ioannis Gliatis**

Repairing RC Tears. Single or Double Row?
Christos Sinopidis

Subscapularis Repair
Pericles Papadopoulos

Tips for Arthroscopic RC Repair of Massive Cuff Tears
Emmanouil Antonogiannakis

MRI Evaluation of "Repaired" Cuff
Apostolos Karantanas

Augmenting RC Repair with Grafts
Paolo Avanzi

Discussion

11:00 – 12:30

Session 9: Irreparable Rotator Cuff

Chairs: **Enrico Gervasi | Michael Hantes**

What means "Pseudoparalytic" Shoulder. How to Treat and When
Jean Kany

Superior Labrum Reconstruction for Irreparable RC Tears
Christos K. Yiannakopoulos

Latissimus Dorsi Transfer for Irreparable RC Tears
Enrico Gervasi

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Long Term Results of Inspace Baloon
Vladimir Senekovic

Our Experience of Inspace Baloon
Emmanouil Antonogiannakis

Discussion

12:30 – 12:45 Coffee Break

12:45 – 14:45

Session 10: Live Surgery

Chair: **Emmanouil Antonogiannakis** | Moderator: **Ioannis Chiotis**

12:45 **Massive Cuff Tear & Balloon**

13:45 **TSA: Anatomic or RSA**

14:45 – 15:45 Lunch Break

15:45 – 17:30

Session 11: Reconstructive Shoulder Surgery – General Topics

Chairs: **Panagiotis Dimakopoulos** | **John Christoforidis**

Nerves Around the Shoulder (Axillary, Radial, Suprascapular). How to Avoid Them
Theodore Troupis

The Evolution of Shoulder Arthroplasty (Anatomic and Reverse). What to Expect
Nowadays
Chrysanthos Chrysanthou

“Cuff Tear Arthroplasty” with Cuff Reconstruction – Surgical Techniques
Panagiotis Dimakopoulos

The Role of Hemi Arthroplasty for RC Arthropathy
John S. Maris

Infection Affecting TSA: The Infectious Diseases Specialist’s Perspective
Eleni Giamarellou

Infection Affecting TSA: The Surgeon Perspective
Ofer Levy

Discussion

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17:30 – 19:20

Session 12: Total Shoulder Arthroplasty (Anatomic & Reverse)

Chairs: **Ofer Levy** | **John S. Maris**

Resurfacing, Stemless and Stemmed Anatomic Shoulder Arthroplasty. Tips & Tricks
Efstathios Chronopoulos

Deltopectoral Approach for SA. Tips and Tricks
Enrico Gervasi

Complications of Anatomic TSA. How to Avoid and/or Solve
Bruno Toussaint

Reverse Shoulder Arthroplasty. Tips & Tricks
John C. Feroussis

Medialized Glenoid. The Bio-RSA Solution
Jean Kany

The Concept of Lateralization of RSA
Achilleas Boutsiadis

Long Term Results of Stemless Metaphyseal Reverse TSA
Ofer Levy

Discussion

Saturday February 3rd, 2018

Laboratory of Anatomy, Medical School University of Athens

Practical session on cadavers and ultrasound machines